

BLOOD SUGAR RESULTS

Name: _____

Phone: _____

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Date														
12 am														
1 am														
2 am														
3 am														
4 am														
5 am														
6 am														
7 am														
8 am														
9 am														
10 am														
11 am														
12 pm														
1 pm														
2 pm														
3 pm														
4 pm														
5 pm														
6 pm														
7 pm														
8 pm														
9 pm														
10 pm														
11 pm														

	Lantus	Reg/Humalog	70/30	75/25	50/50	Oral Agents	Other
AM							
Noon							
PM Meal							
Bedtime							