

# Stuart R. Adler, M.D. P.C.

11155 Dunn Road - Suite 201E

St. Louis, Missouri 63136

Telephone (314) 355-3175 FAX (314) 355-5175

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Primary Care Doctor: \_\_\_\_\_ Email \_\_\_\_\_

Specialists/Field: \_\_\_\_\_

## Diabetes:

Borderline  Gestational  Only With Steroids  With Hypoglycemia   
Diet  Oral Drugs  Insulin  Pump  Byetta  Symlin   
Hypertension  Strokes  TIAs  Aspirin  Plavix  Coumadin   
*Eye*  
Problems  Retinopathy  Cataracts  Laser Treatments  Blindness   
*Kidney*  
Problems  Urine  Dialysis  Peritoneal Dialysis   
*Heart Disease*  Heart Attacks  Stents  Heart failure  CABG/ Bypass   
Cholesterol  Statin  Zetia  Vytorin  Welchol   
Triglycerides  Niacin  Fish Oil  Fenofibrate (Tricor/Triplex)  Gemfibrozil   
*Neuropathy*  Gabapentin  Lyrica  Cymbalta  Other \_\_\_\_\_

## Foot Ulcers

Active  Healed  Osteomyelitis  Surgery  Amputation

## Thyroid:

Goiter  (Over-Active) Hyperthyroidism  (Under-Active) Hypothyroidism  Cancer   
Grave's Disease  w/Eye Effects  Hashimoto's  Multinodular Goiter   
Thyroid Surgery  L-Thyroxine-Synthroid  Cytomel (T3)  PTU  Radio-Iodine  Methimazole

## Ovarian Conditions:

PCOS  Hirsutism  Infertility  Kallmann's  Turner's  Menopausal Symptoms

## Pituitary Problem:

Adenoma  Prolactinoma  Cushing's  Pan-hypopituitarism  Growth Hormone   
Radiation  Pituitary Surgery   
Cabergoline (Dostinex)  Bromocriptine  Prednisone  Hydrocortisone  Ketoconazole

## Adrenal Problem:

Addison's  Cushing's  Conn's  Pheochromocytoma  Incidentaloma   
Adenoma  Congenital Adrenal Hyperplasia  Ectopic ACTH   
Prednisone  Hydrocortisone  Florinef  Inspra  Dexamethasone

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## Bone:

Osteopenia-  
Osteoporosis  Low Vitamin D  Paget's Disease  Hip Fracture  Spine Fracture  Celiac Disease   
Calcium/TUMS  Vitamin D  Fosamax  Actonel  Boniva  Evista   
Estrogens  IV Pamidronate  IV Reclast  Forteo

## Male/Testes:

Hypogonadism  Klinefelter's  Kallmann's  ED  Gynecomastia   
Testosterone: Shots  Gel  Patch

## Parathyroid:

Hyperparathyroid  Hypercalcemia  Hypocalcemia  Kidney Stones  Surgery

## Obesity:

Xenical/Orlistat/Alli  Meridia/Subitramine  Surgery

## Other Conditions Not Listed:

## About You:

You Live With \_\_\_\_\_

Your Occupation: \_\_\_\_\_ Retired  Disabled

### Smoking History:

Never a Smoker  Quit (year) \_\_\_\_\_ Still Smoking  Packs per Day \_\_\_\_\_ Years of Smoking \_\_\_\_\_

Most Recent Attempt to Quit \_\_\_\_\_ Tried Patch  Gum  Chantix  Cold Turkey

### Alcohol:

Never  Social (1-2/week)  More than 1 -2/week  Daily  How Much/Kind \_\_\_\_\_

Exercise: None  \_\_\_\_\_ Days a week for \_\_\_\_\_ Minutes Daily

